

**South Midlands Divisional Records**

**Female Equipped**

Weight Class	Lift	Under 18	Under 23	Open	Masters 1	Masters 2	Masters 3	Masters 4	Masters 5
43 kg	Squat	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set	Not Set
47 kg	Squat	Not Set	Not Set	Nora Jones 90 kg 19 September 2015	Marina Cornwall 77.5 kg 01 February 2015	Marina Cornwall 77.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Deadlift	Not Set	Not Set	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Marina Cornwall 125.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Total	Not Set	Not Set	Nora Jones 260 kg 22/05/2016	Marina Cornwall 254.5 kg 01 February 2015	Marina Cornwall 254.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Bench Press All contest	Not Set	Not Set	Nora Jones 55 kg 19 September 2015	Marina Cornwall 51.5 kg 01 February 2015	Marina Cornwall 51.5 kg 01 February 2015	Not Set	Not Set	Not Set
	Squat	Not Set	Alina Dewshi 90 kg 26 March 2017	Emma Goodwin 155 kg 05 November 2018	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press	Not Set	Ruth Holloway 55 kg 31 October 2015	Emma Goodwin 80 kg 05 November 2018	Not Set	Not Set	Not Set	Not Set	Not Set
			Alina Dewshi	Emma Goodwin					

52 kg	Deadlift	Not Set	107.5 kg	180 kg	Not Set	Not Set	Not Set	Not Set	Not Set
			26 March 2017	05 November 2018					
	Total		Alina Dewshi	Emma Goodwin					
		Not Set	247.5 kg	415 kg	Not Set	Not Set	Not Set	Not Set	Not Set
	Bench Press All contest			Ruth Holloway	Emma Goodwin	Amanda Holloway			
		Not Set	55 kg	80 kg	67.5 kg	Not Set	Not Set	Not Set	Not Set
			31 October 2015	05 November 2018	08 December 2018				
57 kg	Squat		Abigail Stacey	Ellie Steel	Sofia Rufus				
		Not Set	130 kg	207.5 kg	115 kg	Not Set	Not Set	Not Set	
			08 December 2018	15 September 2018	08 December 2018				
	Bench Press			Abigail Stacey	Ellie Steel	Sofia Rufus			
		Not Set	72.5 kg	141 kg	57.5 kg	Not Set	Not Set	Not Set	
			08 December 2018	15 September 2018	08 December 2018				
	Deadlift			Catherine Smith	Ellie Steel	Sofia Rufus			
		Not Set	167.5 kg	175 kg	122.5 kg	Not Set	Not Set	Not Set	
			25 February 2017	15 September 2018	08 December 2018				
	Total			Catherine Smith	Ellie Steel	Sofia Rufus			
		Not Set	360 kg	523.5 kg	292.5 kg	Not Set	Not Set	Not Set	
			25 February 2017	15 September 2018	08 December 2018				
Bench Press All contest			Abigail Stacey	Ellie Steel	Sofia Rufus				
	Not Set	72.5 kg	141 kg	57.5 kg	Not Set	Not Set	Not Set		
		08 December 2018	15 September 2018	08 December 2018					
63 kg	Squat		Lucy Hart	Lucy Hart	Galit Goldshmid				
		Not Set	162.5 kg	162.5 kg	135 kg	Not Set	Not Set	Not Set	
			28 July 2018	28 July 2018	24 November 2018				
	Bench Press			Lucy Hart	Angelique Borsboom	Galit Goldshmid			
		Not Set	77.5 kg	100 kg	90 kg	Not Set	Not Set	Not Set	
			07 May 2018	16 December 2017	24 November 2018				
	Deadlift			Lucy Hart	Claire Sear	Galit Goldshmid			
		Not Set	150 kg	160 kg	160 kg	Not Set	Not Set	Not Set	
			28 July 2018	21 October 2017	24 November 2018				
	Total			Lucy Hart	Lucy Hart	Galit Goldshmid			
		Not Set	385 kg	385 kg	385 kg	Not Set	Not Set	Not Set	
			28 July 2018	28 July 2018	24 November 2018				
Bench Press All contest			Lucy Hart	Beverley Rodgers	Beverley Rodgers				
	Not Set	77.5 kg	112.5 kg	112.5 kg	Not Set	Not Set	Not Set		
		07 May 2018	21 January 2018	21 January 2018					
Squat			Zoe Clark	Yasmina Couty	Beverley Rodgers	Rita Shergold			
	Not Set	127.5 kg	150 kg	127.5 kg	107.5 kg	Not Set	Not Set		
		23 September 2018	22 July 2017	28 October 2017	20 October 2018				
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			

72 kg	Bench Press	Not Set	80 kg	90 kg	87.5 kg	67.5 kg	Not Set	Not Set	Not Set
			23 September 2018	22 May 2016	28 October 2017	20 October 2018			
	Deadlift		Louise Warr	Amy Atkinson	Beverley Rodgers	Amanda Lord			
		Not Set	147.5 kg	167.5 kg	140 kg	132.5 kg	Not Set	Not Set	Not Set
	Total		28 October 2018	22 May 2016	28 October 2017	03 December 2017			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Rita Shergold			
		Not Set	342.5 kg	392.5 kg	355 kg	300 kg	Not Set	Not Set	Not Set
	Bench Press All contest		23 September 2018	22 May 2016	28 October 2017	20 October 2018			
			Zoe Clark	Amy Atkinson	Beverley Rodgers	Beverley Rodgers			
		Not Set	80 kg	90 kg	100 kg	100 kg	Not Set	Not Set	Not Set
84 kg	Squat		Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton			
		Not Set	130 kg	170 kg	147.5 kg	110 kg	Not Set	Not Set	Not Set
			28 October 2018	28 October 2018	10 December 2017	26 January 2014			
	Bench Press		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton			
		Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set
	Deadlift		28 October 2018	13 August 2016	26 January 2014	26 January 2014			
			Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton			
		Not Set	125 kg	172.5 kg	170 kg	155 kg	Not Set	Not Set	Not Set
	Total		28 October 2018	28 October 2018	21 October 2017	26 January 2014			
			Zoe Clark	Nicola Stimpson	Varena Manchip	Jean Maton			
Not Set		332.5 kg	412.5 kg	372.5 kg	347.5 kg	Not Set	Not Set	Not Set	
Bench Press All contest		28 October 2018	28 October 2018	21 October 2017	26 January 2014				
		Zoe Clark	Megan Batchelor	Jean Maton	Jean Maton				
	Not Set	77.5 kg	90 kg	82.5 kg	82.5 kg	Not Set	Not Set	Not Set	
84 kg +	Squat			Nicola Stimpson	Lisa Styles				
		Not Set	Not Set	160 kg	150 kg	Not Set	Not Set	Not Set	Not Set
	Bench Press			28 January 2018	28 October 2017				
		Not Set	Not Set	Megan Batchelor	Lisa Styles				
	Deadlift			25 March 2018	28 October 2017				
		Not Set	Not Set	Lisa Styles	Lisa Styles				
				190 kg	190 kg	Not Set	Not Set	Not Set	Not Set
	Total			28 October 2017	28 October 2017				
				Lisa Styles	Lisa Styles				
		Not Set	Not Set	420 kg	420 kg	Not Set	Not Set	Not Set	Not Set
Bench Press All contest			28 October 2017	28 October 2017					
			Megan Batchelor	Lisa Styles					
	Not Set	Not Set	92.5 kg	80 kg	Not Set	Not Set	Not Set	Not Set	
		25 March 2018	28 October 2017						